Join the Cochrane Consumer Network, a growing body of patients, carers and members of the public and help to produce and spread independent and high quality health evidence.

**Cochrane exists so that healthcare decisions get better.**

During the past 20 years, Cochrane has helped to transform the way health decisions are made. Cochrane produces reviews that summarize the best available evidence generated through research to inform decisions about health. We are a global independent network of researchers, professionals, patients, carers, and people interested in health. Our work is recognized as representing an international gold standard for high quality, trusted information. We want to be the leading advocate for evidence-informed health across the world.

“Cochrane is an enterprise that rivals the Human Genome Project in its potential implications for modern medicine” *The Lancet*

What we do
We gather and summarize the best evidence from research to help you and your health practitioners make informed choices about the right treatments for you. Cochrane Reviews are published in the Cochrane Library and updated regularly to incorporate new research. This ensures that you can base treatment decisions on the most up-to-date and reliable health evidence.

“Every day someone, somewhere searches the Cochrane Library every second, reads an abstract every two seconds and downloads a full-text article every three seconds.” Wiley, Cochrane publishers

Who is Cochrane for?
Cochrane Systematic Reviews are used by everyone - from consumers, to health professionals, to policy makers, because they sum up the research evidence on a specific question about the effectiveness of a healthcare treatment or test.

About the Consumer Network
The Cochrane Consumer Network is a growing body of patients, carers, and members of the public, based in 79 countries, who are an important part of the work of Cochrane’s Review Groups and Centres. Cochrane Consumers contribute in many ways, but particularly ensure that Cochrane produces important and relevant research that addresses the concerns of patients and carers, is presented in an understandable way, and is made accessible to people in need of unbiased and high quality evidence.

The benefits of free membership of the Cochrane Consumer Network

• Be part of a growing community of people across the globe helping to produce high quality, unbiased health information
• Receive regular communication about the work of the Cochrane and ways that you can be involved
• Be eligible to attend Cochrane conferences and meetings and meet like-minded people, and apply for funding to help you to attend
• Learn new skills and share your important knowledge and experiences with others

Trusted evidence.
Informed decisions.
Better health.

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